



## SPA ACTIVITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 a.m. Pilates					12:00 p.m. Meditation	10:00 a.m. Yoga <hr/> 12:00 p.m. Meditation

Schedule subject to change without notice



## SPA ACTIVITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 a.m. Pilates					12:00 p.m. Meditation	10:00 a.m. Yoga <hr/> 12:00 p.m. Meditation

Schedule subject to change without notice